

Daily Prayers

*“Three times a day he got down on his knees and prayed,
giving thanks to his God.”*

Daniel 6:10

MORNING

My Father, Savior, and loving God, thank You for bringing me through the night to a new day. Now please give me the grace to use it entirely for Your service, so that everything I do may glorify Your name and benefit my neighbors.

Give me strength by your Holy Spirit to work fruitfully in the calling you have given me and patience to accept whatever productivity and difficulty you give me today.

As you cause the sun to rise on us, I ask You also to give me the light of Your Spirit to illumine my heart and mind, to know and follow You, until You have led me into the full light of Your Son, Jesus Christ our Lord, the true Sun of our souls.

Through his name, hear my prayer. Amen.

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| READ THE BIBLE AND RESPOND IN PRAYER. |
| PRAY THE LORD'S PRAYER; EXPAND AS YOU FEEL LED. |

Adapted from Timothy Keller's *Prayer* (263-266), and John Calvin's prayers in the Geneva Catechism 1545.

MIDDAY

Thank You, Lord, for all the gifts You constantly shower on me: food and shelter to sustain my physical life, new spiritual life in the gospel, and the confidence of full eternal life to come.

In light of all these blessings, keep my heart from being tangled in excessive desire for things in this world. Free me from the sins I struggle with and give me true humility.

Keep my heart set on things above, where Christ my life is seated at Your right hand, and help me rest always in him and his grace alone for my salvation and my life in all I do.

In Your mercy and in Jesus my Lord, hear my prayer.
Amen.

EXAMEN

Are there any course adjustments I want to make to my attitude, words, or actions today?

PRAY FOR THE HOLY SPIRIT'S SAVING WORK
IN OTHERS.

NIGHT

THANK GOD FOR THE GIFTS OF TODAY AND
PRAY FOR CONCERNS WEIGHING ON YOU.

Lord God, now grant me rest not only for my body but rest for my spirit, soul, and conscience in your grace and love, so that I may let go of all earthly cares and be comforted in all ways.

And because no day passes that I don't sin, please bury all my offenses in Your mercy, so that I might not lose Your presence. Forgive me, merciful Father, for Christ's sake.

As I now lie down to sleep to wake safely by Your grace, so also remind me joyfully that whatever happens, I will someday rise to the eternal life of the resurrection, because Jesus lay down in death for me and rose for my justification.

In his name I pray, Amen.